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MAYOR OF JERSEY CITY

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**FOR IMMEDIATE RELEASE**  
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***Mayor Fulop, the Department of Recreation, & Jersey City Lacrosse  
Bring FREE Winter Lacrosse Clinics to Jersey City Youth; Lacrosse  
Program is Part Fulop Administration's Commitment to Expanding  
Recreational Opportunities***

**JERSEY CITY** – Mayor **Steven M. Fulop** and the **Department of Recreation**, in partnership with **Jersey City Lacrosse**, are proud to introduce **Winter Lacrosse Training** to boys and girls, ages six through 15. The program is in its second year with the City and is part of the Fulop Administration's commitment to expanding recreational opportunities.

The clinics will be held from **6:00 p.m. to 8:00 p.m.** on the following dates: **December 16<sup>th</sup>, January 14<sup>th</sup>, January 28, February 11<sup>th</sup> and February 25<sup>th</sup>** at **P.S. #3, 111, Bright Street**.

"I am thrilled to partner with Jersey City Lacrosse to offer lacrosse clinics to Jersey City youth as the City continues to seek out more extensive and diverse recreational opportunities for our community," said **Mayor Fulop**. "Sports programs such as lacrosse offer training and team building exercises to help our youth gain confidence and develop skills for life."

This year the Fulop administration introduced a Recreation Department budget that reflects a 25 percent increase in spending from last year, with the current budget allocating \$3.8 million toward a growing recreation lineup. The City has added such programs as scuba, boxing, cricket, fitness programs for adults, and programs for our special needs athletes such as soccer and an autism quiet swim.

The City of Jersey City has teamed up with Jersey City Lacrosse, a community based organization made up of mentors who aim to positively influence our youth through athletic training. Winter Lacrosse Training includes introductory clinics, as well as the proper equipment, however participants are encouraged to bring a lacrosse stick if you have one. No experience is required.

Residents may register on site at no cost with a parent present and proof of residency. Information regarding the spring season will be featured at each clinic.

**For more information and to download registration form, please visit:**  
<http://www.jerseycitylacrosse.com/home> or visit <http://www.jerseycitynj.gov/lacrosse>.

**All media inquiries should be directed to Jennifer Morrill, Press Secretary to Mayor Steven M. Fulop at 201-547-4836 or 201-376-0699.////**